

Calgary Non-Contact Hockey League

www.whca.ca (click adult leagues)

Rules and Regulations

Section 1: Board of Governors,

Each team to appoint 1 member (and 1 alternate) to act as team representative on BOARD OF GOVERNORS.

Two of the members of the Board of Governors will act (or be elected by the Board) as directors of Appeals committee.

One of the members of the Board of Governors will act (or be elected by the Board) as Director of Hockey Operations. The responsibilities of the Director would include:

- Chairing the monthly meeting
- Breaking all ties in voting
- Ice rental bookings and payment
- Referee booking and payment
- Scorekeeper booking and payment
- Scheduling
- Collection of moneys from all teams
- All accounting and allocation of funds
- Being on Appeals Committee
- Statistics

An appeals committee would be made up of the Director of Hockey Operations and the 2 Directors of Appeals. This Committee would decide whether or not to grant an appeal on any suspension or penalty. If this committee grants an appeal, all Board Members at the next monthly meeting and any decision to be voted on by all Governors will then hear it.

All decisions are to be voted on by ALL members of the Board. The Board Chair will break ties unless there is direct team or personal conflict of interest. In this event, the Appeals Committee will break the tie.

Section 2: Player Roster

- a) Players must play a minimum of SEVEN league games to be eligible for Playoff games.
- b) Any player must be asked to produce a picture identification at the conclusion of any game to verify that said player is on that team's roster. Such verification should go through team representatives. Failure to do so could result in the game being forfeited by team in question or possible suspension of player involved

Section 3: Game Duration

Ice times are 1-1/4 hours in length. Start of a game should take place 5 minutes after the start of the ice time. Intermissions should be 1 minute long. The periods are all STOP TIME with the following period lengths 1st-15 min, 2nd- 15 min, 3rd- 13 min. At 5:00 minutes left in the period the clock will be reset to 2 minutes. Under no circumstances should the score of the game dictate the time allotted for the game. Under stop time, minor penalties shall have a duration of 2 minutes and major penalties 5 minutes.

At least 6 players must be present to start a game or it will be forfeited. (5 skaters and 1 goalie in full goaltenders dress). A \$200 team fine will be levied against any team that fails to show up without prior notification and be awarded to the team that was forfeited against for payment of league fees.

Section 4: Equipment

Helmets and full hockey dress shall be worn by each player. All sweaters shall be of the same color and individually numbered. The captain and two assistants shall be so identified by the letters "C" and "A". If a color conflict arises, the visiting team shall change their colors for that game.

Section 5: General Rules

Hockey games shall be played in an attitude of fun and recreation. The League will be governed by the CAHA rulebook. In addition, no smoking or no smoking of illegal substances will be permitted in the locker rooms at any time, as this would be in direct violation of the League's lease agreements with the arenas. Alcoholic beverages are allowed in the dressing room for the 30 minutes post game but the teams must keep the dressing room door closed.

Section 6: League Suspensions

A. General

- i) All league suspensions are to start with the very next game after a player is suspended.
- ii) Failure to comply with any league suspension will result with the player in question being suspended for an additional two games.
- iii) Total disregard of league suspensions shall result in the loss of that game and the possible expulsion of that team from the league
- iv) Suspensions may be appealed to the Appeals Committee by team Board of Governors member only within 48 hours of the end of the game.

B. 3 Infractions Rule

- i) Infractions (minors, double minors, majors or 10 min. misconduct's) that lead to **three trips to the penalty box** in one game will result in that player being ejected from that game. Another player must serve the third penalty. Any player required leaving that game must report to the dressing room.
- ii) Any player being ejected from a game in the above manner on three separate occasions, shall receive a one game suspension
- iii) Each subsequent time a player is ejected from a game in the above manner, the player shall receive an additional one game suspension (i.e. 4th occurrence = one game suspension, 5th occurrence = one game suspension, etc.)

C. Game Misconducts

Game misconducts shall result in an automatic one game suspension

D. Gross Misconducts

Gross misconducts shall result in an automatic one game suspension and possible further suspension to be discussed at next league meeting.

E. Fighting

Fighting (any punch thrown with gloves on or off) shall result in an automatic 5 game suspension.

F. Match Penalty/Major Penalty

These will be dealt with in accordance to the CAHA rulebook [section 4, rule 34A.... player will be suspended until his case has been dealt with by the Board

G. Aggression toward Officials

Hitting or any act of aggression toward and official will be dealt with in accordance to the CAHA rulebook [section 6 rule 71... player will be suspended until his case has been dealt with by the Board.

H. League Meetings

League meetings are to be held as per schedule or whenever deemed necessary. It is every team representative's responsibility to represent his team and the league at each meeting. Failure to attend will result in all decisions being made by league governors on team's behalf.

Section 7: Fines

Any Game Misconduct, Match Penalty or Gross Misconduct that is given to a player (or coach)*for verbally or physically abusing and official to the extent that the account is recorded on the back of the game sheet, will result in a \$50.00 fine payable by that player. Payment is due in full, delivered personally to a member of the Appeals Committee, before that player participates in another game

If said player does *not* pay the fine and *does* participate in any further game, the team for which he plays will be fined an additional \$50.00, which is payable in the same manner and is to be paid before that team continues any play in this league.

Any game scheduled for a team that does not pay its fine will be forfeited and the opposition will use the ice to practice or to be schedule an exhibition with any *other* team. Referees will be notified not to officiate at these games

Any player or team may appeal this ruling to the Appeals Committee. Any decision to change the above fine procedure would be voted on by the Board

*Where player is mentioned, this also refers to a coach.

Section 8: Officials/Statistics

The home team is responsible for supplying a score sheet and game pucks. Upon completion of each game, team captains are to meet at the scorekeepers box and choose game MVP's from the opponents team to be recorded on the white copy of the game sheet and the winning team shall keep the yellow copy. The winning team shall also take the official white copy of the game sheet and give it to the Bartender in the Penalty Box Lounge where it will be picked up by the said Director. In the event that a scorekeeper is not present for a game, the home team shall be responsible for supplying a scorekeeper for the first and third periods. The visiting team shall supply a scorekeeper for the second period. A player must scorekeep for a MINIMUM of one period before he maybe replaced by another player. i.e. scorekeepers may not be replaced in the middle of a period.

Section 9: Probation

New teams to the league will be placed on probation for one year. During this year, the team's status is to be reviewed by the league Board of Governors. Continuation in the league will be decided at the end of the season. Failure to abide by the league rules could result in expulsion (without refund) from the league.

Existing teams, at any meeting during the year, can be put on probation by a vote of the league Board of Governors. Team status would be reviewed as per above procedure

Section 10: Accumulation of Minor Penalties

Players accumulating 40 minutes in minor or major penalties will serve 1 additional game suspension in the game immediately following the game that the 40 minutes was reached

Players accumulating 60 minutes in minor or major penalties will serve 3 additional game suspensions in the games immediately following the game that the 60 minutes was reached.

These suspensions will carry over into playoff games and games not played prior to reaching the plateau will not be used as suspended games.